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Yes, we should, says author Susan Peppercorn. In her new transformative

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satisfaction and the full engagement that comes with it is more important than ever in today ' s workplace.

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Next time your inner critic starts doubting on you, welcome him/her like an old

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friend that has come over for a cup of tea way too late at night/early in the morning. Give them a hug, have a cup of tea, then kindly show your inner critic the way out, reminding him/her that ‘ you got this ’ . Then continue on with whatever awesome thing it is that you were doing. And if there ’ s a knock at the door? Ha! Yes,

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Ditch Your Inner Critic - Management 3.0 Podcast

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